



MEHILÄINEN'S WORKING LIFE SERVICES

Price List for 2025



WORKING LIFE SERVICES
MEHILÄINEN

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OCCUPATIONAL HEALTH CARE

Proactive Occupational and Disability Prevention Services

Occupational health services include, among others, workplace surveys, the creation of action plans with the related negotiations and health examinations, and counseling and guidance of individuals/groups. Activities are carried out by a multi-professional team consisting of an Occupational Health Physician and an Occupational Health Nurse, as well as an Occupational Psychologist and an Occupational Physiotherapist. In cases where assessing working capacity is required, the team will be complemented by Specialists or Experts in Social Services, if necessary.

Occupational Health Nurse	130,80 €/hour
Occupational Health Physician*	262,70 €/hour
Occupational Physiotherapist.....	138,10 €/hour
Occupational Psychologist.....	231,40 €/hour
Work Coach, Expert in Social Services	178,80 €/hour
Physiotherapist.....	117,70 €/hour
Physiotherapist (specialist expertise)	149,80 €/hour
Nutritionist	189,00 €/hour
Speech Therapist	179,00 €/instance
Social Work Expert	178,80 €/hour
Ergonomics Expert.....	138,10 €/hour
Agricultural Expert.....	95,00 €/hour
Exercise Expert	138,10 €/hour
Optician	According to partner's pricing
Technical Expert.....	According to partner's pricing

Targeted Group Guidance that Includes the Provision of Information and Counselling.

The preparation time is included in the price.

Occupational Health Nurse	287,90 €/hour
Occupational Health Physician*	726,30 €/hour
Occupational Physiotherapist.....	304,10 €/hour
Occupational Psychologist.....	694,40 €/hour
Nutritionist	636,70 €/hour

**The price for Specialist in Occupational Healthcare is 6 % higher than the informed price for Occupational Physician*

Other Proactive Services

First Aid Training

FRC Emergency First Aid 4 h* classroom education or webinar.....	790 €/course
FRC Emergency First Aid 8 h* classroom education, webinar or combination course*	1110 €/course
FRC First Aid Course EA 1* (16 h) classroom education, webinar or combination course**	1880 €/course
FRC First Aid Course EA 2* (8 h) classroom education, webinar or combination course**	1260 €/course

**Online fee 15 € per participant will be added to the Emergency First Aid (8h)* combination course price*

***Online fee 30 € per participant will be added to the EA 1* (16h) combination course price*

VAT and the certification card 22,20 € + vat / participant or mobile certificate 18,70 € + vat/participant will be added to the final prices.

Health Status Tests Related to Working and Functional Capacity Evaluation

Extensive test (incl. elements such as muscular strength and mobility + aerobic fitness).....	152,00 €/hour
Concise test (muscle strength and mobility OR bicycle ergometer test)	152,00 €/hour
Compilation of an individual exercise plan	138,10 €/hour

Services Provided by an Occupational Psychologist

Group support for crises (2 therapists always present in severe cases).....	396,80 €/hour/counselor
Support in life-changing situations, e.g. cooperation negotiations	396,80 €/hour/counselor
Mind Maintenance.....	290,00 €/person
Mental health sparring 45 min - 5 appointments (also provided by a psychotherapist).....	231,40 €/45min

Digital Services for the Monitoring of Sickness-Related Absences and for Working Ability Management

CorporateMehiläinen (includes, e.g., reporting)	Free of charge
WorkAbilityCompass and Superior's Compass implementation.....	7000 €/instance
WorkAbilityCompass and Superior's Compass	30 €/employee/year
Additional analyses and advanced analytics	Please request a quote

Health Care Services

Occupational Health Nurse

Appointment, up to 10 min.....	27,20 €
Appointment, up to 20 min.....	42,30 €
Appointment, up to 30 min.....	63,20 €
Appointment, up to 45 min.....	94,40 €
Appointment, up to 60 min	122,50 €
Counselling via telephone/e-mail/the OmaMehiläinen service.....	27,00 €/instance
Phone calls over 10 minutes, according to the time used.....	122,50 €/hour

Occupational Health Physician*

Appointment, up to 10 min.....	44,80 €
Appointment, up to 20 min.....	76,10 €
Appointment, up to 30 min.....	114,20 €
Appointment, up to 45 min.....	170,10 €
Appointment, up to 60 min	225,90 €
Counselling via telephone/e-mail/the OmaMehiläinen service.....	39,50 €/instance
Phone calls over 10 minutes, according to the time used.....	225,90 €/hour
Renewal of prescriptions (for 1-2 medications)	38,90 €

Statements and Certificates

Driving licence certificate.....	40,80 €/instance
T certificate.....	47,90 €/instance
A certificate.....	Free of charge
B statement, concise.....	110,10 €/instance
B statement, extensive.....	165,50 €/instance
B statement, highly demanding, charged for according to the time used*	262,70 €/hour

Medical examination for seafarers	309,00 €/hour
Drug test statement	46,70 €/instance

**The price for Specialist in Occupational Healthcare is 5 % higher than the informed price for Occupational Physician*

Substance Abuse Treatment Services

Substance Abuse Nurse.....	126,30 €/hour
Substance Use Assessment (conducted by a substance abuse nurse, starting at 60 min)	126,30 €/hour
Early Stage Intensive Program (includes 10 treatment visits)	Please request a quote
Intensive Program (includes 20 treatment visits).....	Please request a quote
Digital Peer Group (5 sessions of 1.5 hours each)	Please request a quote

Laboratory tests, specialist consultations, and treatment discussions are charged according to the occupational health care agreement and the current Working Life Services price list. The practitioner (specialist) charges for the service according to their pricing.

Psychotherapy Services

Short-term psychotherapy (10 or 20 appointment treatments)	231,40 €/45 min
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Digital Clinic's services

Digital Clinic's General practitioner's services

General practitioner's reception.....	58,90 €/instance
Prescription renewal.....	38,90 €/instance

Digital Clinic's Nurse's services

Guidance and counselling.....	23,50 €/instance
Nurse's reception	35,00 €/instance

Digital Clinic's Occupational Health Care Professionals' services

Occupational Health Physician's reception	87,60 €/instance
Occupational Health Physician's sickness related reception.....	76,10 €/instance
Occupational Health Nurse's reception.....	42,30 €/instance
Occupational Health Physiotherapist's reception	46,00 €/instance

Weekends and public holidays do not affect Digital Clinic's pricing.

OCCUPATIONAL WELL-BEING SERVICES

Services for individuals

Coaching/Work counselling for experts (provided by an occupational psychologist)	289,00 €/hour
Health examinations and wellbeing plans for key personnel.....	Please request a quote
First Beat Life (incl. Monitor + starter package + user license for 12 months)	32,00 €/person/month

Other options are priced separately. Possible appointments with professional are invoiced separately.

Work community services

Coaching/Work counselling for groups/work communities (provided by an occupational psychologist)	Please request a quote
Group Coaching (provided by an occupational psychologist).....	Please request a quote
Work community analysis, assessment and queries	Please request a quote
Coaching processes, lectures and webinars	Please request a quote

Services for management and leadership

Coaching/Work counselling for supervisors/supervisor groups (provided by an occupational psychologist)	Please request a quote
Coaching for supervisors	Please request a quote
Coaching for management teams.....	Please request a quote

Read more on occupational well-being services, groups and training in the health and well-being service store at: <https://www.mehilainen.fi/yrityksille/palvelukauppa>

VAT is added to the well-being services if necessary.

OCCUPATIONAL DENTAL CARE

Service	Price €	Deductible €
Dental check-up.....	84 €.....	54 €
Dental X--ray of the teeth and jaws.....	119 €.....	110 €
Tartar removal.....	138-195 €.....	130-177 €
Dental fillings.....	105-285 €.....	95-262 €
Ceramic filling.....	564-772 €.....	564-715 €
Dental crown.....	616-777 €.....	616-777 €
Anaesthesia.....	41-42 €.....	38-39 €
Chipped tooth.....	104-285 €.....	94-262 €
Tooth extraction.....	119-794 €.....	109-732 €

LABORATORY TESTS

Basic Laboratory Examinations

Chemistry, hematology, microbiology

Code	Abbreviation	Name	Eur
1024	P-ALAT	Alanine aminotransferase	35,00 €
4084	cU-Alb-Mi	Albumin/microalbuminuria, collected urine	53,70 €
4587	P-AFOS	Alkaline phosphatase	35,00 €
3834	S-IgE-Ps	Allerg. immunoglobulin E, basic screening	91,10 €
5719	S-AllComE	Allergen IgE antibodies, screening and component specific analysis	205,40 €
4589	P-Amyl	Amylase, plasma	41,90 €
20705	S-Apot	Apolipoproteins (LipoB, -A1 and ratio B/A1)	84,00 €
1137	S-B12-Vit	Vitamin B12	67,50 €
3442	F-BaktVi1	Bacteria, culture 1, faeces (Salm., Shig., Yers., Campy.)	91,40 €
3443	F-BaktVi2	Bacteria, culture 2, faeces (Clostr., Staph. Candida)	86,10 €
21088	F-BaktVIP	Enteric bacteria, feces, detection of nucleic acids and culture	99,10 €
1155	U-BaktVi	Bacteria, culture, urine	49,30 €
2471	S-BopeAb	Bordetella pertussis, antibodies	86,80 €
3552	S-BorrAb	Borrelia, antibodies	123,60 €
1738	CtGcNhO	Chlamydia trach. + Neisseria gonorrh., detection of nucleic acid	96,20 €
4594	P-CRP	C-reactive protein	44,00 €
142	S-hCRP	C-reactive protein, sensitive	46,00 €
4101	S-CDT	Carbohydrate deficient transferrin	78,50 €
1220	S-D-25	Vitamin D 25(OH)	90,00 €
1395	S-Ferrit	Ferritin	62,40 €
4113	P-FIDD	Fibrin D-dimers	76,70 €
12510	B-Peth	Phosphatidylethanol	103,50 €
1468	fP-Gluk	Glucose	35,00 €
4597	P-GT	Glutamyl transferase	35,00 €
6314	F-HepyNhO	Helicobacter pylori, feces, detection of nucleic acids and sensitivity to clarithromycin	131,90 €
3950	S-HepyAb	Helicobacter pylori, antibodies	80,00 €
6128	B-HbA1c	Haemoglobin A1C, glycosylated	73,30 €
1608	S-HBsAb	Hepatitis B virus, S antigen, antibodies	70,20 €
3815	S-HCVAb	Hepatitis C virus, antibodies	81,60 €
4814	S-HIVAgAb	HI-virus, antigen and antibodies	58,90 €
10539	U-DS6A	Drug test, 6 analytes	163,50 €
4746	Influenza A+B Ag	Influenza A+B viruses, antigen	69,10 €
1999	P-K	Potassium, plasma	33,10 €
10068	P-Ca-albk	Calcium, albumin-corrected	63,30 €
7979	S-Kelia-Se	Celiac disease, screening (S-tTGAbA, S-IgA, when needed S-tTGAbG)	109,20 €
7821	S-Kelia-M	Celiac disease, medium (S-IgA, S-EMAbA, S-tTGAbA, when needed S-tTGAbG)	179,00 €
1881	U-KemSeul	Chemical screening, urine	24,80 €
2124	U-hCG-O	Chorionic gonadotropin, qual., urine	58,60 €
2142	P-Krea	Creatinine	35,00 €
4614	B-Lakt-D	Lactose intolerance, DNA test	95,30 €
2203	B-La	Erythrocyte sedimentation rate	23,20 €

6027	P-Lipidit	Lipids (chol., non-HDL, LDL, triglycerides)	79,10 €
21799	Pt-FIB-4	Liver fibrosis score calculator (trom, ASAT, ALAT)	117,90 €
2360	S-MonAbO	Mononucleosis, antibodies (qual.)	40,90 €
4522	S-MypAbM-O	Mycoplasma pneumoniae, IgM-antibodies (qual.)	74,50 €
3622	P-Na	Sodium, plasma	37,10 €
7917	Ps-NieluAg	Throat infection antigens (S. pyogenes and adenovirus)	82,70 €
6375	F-ParaNhO	Parasites, feces, detection of nucleic acid	133,30 €
2474	B-PVK+T	Basic blood count and blood platelets	55,00 €
10795	S-PSA tot+V	Prostate-specific antigen, total and free	107,30 €
1775	S-PuumAb	Puumala virus, antigen	113,50 €
3550	S-RF	Rheumatoid factor	45,60 €
2608	F-SalmVi	Salmonella, culture	47,90 €
4744	S-CCPAb	Citrulline peptide, antibodies	62,00 €
3635	Ps-StrAAg	Streptococcus pyogenes A, antigen, throat	54,10 €
2703	Ps-StrVi	Streptococcus pyogenes A, culture, throat	47,90 €
143	S-Testo-vl	Testosterone, free, calculated (mass spectrometry)	114,50 €
1949	S-TfR	Transferrin receptor, soluble	69,30 €
4520	P-TT-INR	Thromboplastin time, INR	42,10 €
4464	P-TnT-O	Troponin T (qual.)	68,40 €
4028	S-TPO-Ab	Thyroid peroxidase, antibodies	68,90 €
2832	S-TSH	Thyrotropin	75,40 €
2836	S-T4-V	Thyroxine, free	88,50 €
3696	B-TVK	Complete blood count	81,70 €
4533	P-Uraat	Urate, plasma	44,80 €
2985	S-YersAb	Yersinia, antibodies	60,00 €

Health Examination Packages

7932	Examination 1 (no fasting)	PVK+T, Lipidit, Apot, HbA1c, Krea, ALAT, GT	297,70 €
7933	Examination 2	B-PVK+T, fP-Lipidit, fP-Gluk, P-ALAT, P-GT	179,80 €
8965	Examination 2b (no fasting)	B-PVK+T, P-Lipidit, P-ALAT, P-GT, B-HbA1c	181,70 €

Pathology

4054	Ts-PAD-1	Tissue sample, histological examination, 1-3 samples from the same set	110,00 €
4054A	Ts-PAD-1X3	Tissue sample, histological examination, 3 separate samples	218,40 €
4044	Pt-Papa-1	Pap smear	82,20 €
3053	-Syto	Pap smear (sample area must be stated)	112,60 €

Clinical Physiology and Neurophysiology

1270	Pt-EKG-12	ECG, 12 leads, resting	85,20 €
28581	Pt-PEF-PaO	PEF, series + no statement	107,00 €
6007	Pt-FVSpIDO	Flow volume spirometry and bronchodilation + no statement	125,60 €
1301	Pt-ENMG-1	Electroneuromyography, concise	382,00 €
1302	Pt-ENMG-2	Electroneuromyography, standard	529,50 €

Other fees

Laboratory sampling fee in separately agreed contracts	37,50 €
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MEDICAL IMAGING EXAMINATIONS

The Most Common X-Ray Examinations

Code	Name	Eur
	Native X-ray examinations of bones and joints.....	161,10 €
	Thorax, X-ray of the paranasal sinuses	161,10 €
HA1RA	Mammogram, extensive (incl. ultrasound scan)	315,70 €

The Most Common Ultrasound Scans

	Examinations of joint, tendon and soft tissues.....	368,90 €
BA1AE.....	Thyroid gland examination	330,70 €
JN1AE.....	Examination of the upper abdomen	414,40 €

The Most Common MRI Examinations

NG1BG.....	MRI of the knee and/or lower leg.....	395,80 €
NA3BG.....	MRI of the lumbar spine.....	395,80 €
NB1BG	MRI of the shoulder and/or upper arm.....	395,80 €
NA1BG	MRI of the cervical spine.....	395,80 €
NG1CG.....	Comprehensive MRI of the knee and/or lower leg	477,40 €
NB1DG.....	MRI of the shoulder and/or upper arm with contrast agent	492,70 €

OTHER SERVICES AND FEES

Annual General Fees

General fee per employee per year (subject to compensation by Kela)	41,00 €
In addition to the general fee, an annual service fee, determined by the total number of employees, will be charged for each employee (not subject to compensation by Kela).	
1-3 employees.....	96,00 €
4-10 employees	66,00 €
11-50 employees	35,00 €
More than 50 employees.....	24,00 €

Entrepreneurs with no other employees

A general fee per entrepreneur per year (subject to compensation by Kela)	41,00 €
A service fee per entrepreneur per year (not subject to compensation by Kela)	74,00 €

Kanta fee

Kanta fee (including electronic medicine prescription). The fee applies to an appointment or remote contact, where an entry is made in the Kanta data repository.		3,90 €/appointment or remote contact
Submission of an electronic certificate to authorities.....		1,10 €

eQuestionnaires

eQuestionnaires as part of a health check or as a wellbeing survey	27,00 €/instance
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Coordination Work

Coordination work by a coordinative occupational health nurse.....	130,80 €/hour
Account managers' work.....	130,80 €/hour
Key account physicians' work*	275,70 €/hour
Coordination work by a coordinative occupational health psychologist.....	231,40 €/hour
Coordination work by a coordinative occupational physiotherapist	138,10 €/hour

Record Transfers

Transfer of patient health records from Mehiläinen to another service provider.....250,00 €/hour
(charging is by the time used; minimum fee per 60 minutes)

Transfer of patient health records in paper form by the Occupational Health Nurse..... 130,80 €/hour
(charging is by time used; prices are given per 60 minutes)

Registering of sick-leave certificates from other service providers..... 130,80 €/hour

Invoicing Fees

The service fee for consolidated invoicing is 6-8% + VAT of the invoice amount.

Paper invoice8,50 €/instance

Reception at the Customer's Premises

Occupational Health Nurse	130,80 €/hour
Occupational Health Physician*	262,70 €/hour
Occupational Physiotherapist.....	138,10 €/hour
Occupational Psychologist.....	231,40 €/hour

Evening and Weekend Work by the Occupational Health Nurse or Occupational Physiotherapist**

Evening work, Mon.-Fri., 6pm-10pm	15% increase
Night work, 10pm-7am	50% increase
Saturday work, 7am-6pm	20% increase
Sunday work (from 6pm on a Saturday or the eve of a national holiday)	100% increase

Evening and Weekend Work by the Occupational Health Physician**, Psychologist or General practitioner

Mon.-Fri., 7am-9pm, in accordance with the price list	
Saturday work, 7am-6pm	30% increase
Evening and Night work, 9pm-7am	100% increase
Saturday and Sunday work, 6pm-7am and on a national holiday	100% increase

**The price for Specialist in Occupational Healthcare is 5 % higher than the informed price for Occupational Physician*

***Also applies to appointments at the customer's premises.*

Billing principles for occupational health professional and specialist appointments:

Before meeting with a private customer, the specialist reviews the previous medical history. During the appointment, the specialist interviews and examines the private customer. After the meeting with the private customer, the specialist prepares the necessary visit notes from the appointment, any referrals, and consultation requests, with the time spent being considered in the appointment fee. The occupational health physician often also prepares statements and certificates based on the appointment, which are billed separately at the statement or certificate rate. If medications are provided or procedures are performed during the appointment, these are billed separately according to the current price list.

If the private customer has booked too short a time for their challenging issue or wishes to address multiple matters at once, and the time spent with the customer exceeds the time reserved for them, the appointment is billed according to the time used.

Cancellation of a booked appointment:

A booked appointment can be cancelled free of charge if the cancellation is made at least 24 hours before the booked time. For uncancelled and cancelled appointments cancelled after this time, we will charge the employee the full price of the booked service. Appointed workplace visits, surveys and consultations must be cancelled no later than three (3) business days prior to the scheduled time. For lectures and other group services, we will charge for the portion of the work completed by the time of cancellation, provided the cancellation is made at least two (2) weeks prior to the scheduled time. For cancellations made after this time, we will charge the agreed price for the service.

Travel Expenses:

If necessary, travel costs and time used for traveling, as defined in the State Travel Regulations, will be added to the charge.

Equipment and Medicines:

Separate charges apply to equipment, medicines, and hospital facilities, etc. used in operations.

An employer can apply for reimbursement from Kela for occupational health care costs in accordance with the principles of good occupational health care. More information on occupational health care expenses reimbursed by Kela (in Finnish):

<https://www.kela.fi/tyonantajat-tyoterveyshuolto-korvauksen-edellytykset>

Unless otherwise stated in writing, the prices are exclusive of VAT. VAT is not charged for the sales of occupational health services that can be considered health care services, as specified in the VAT legislation. If taxable services or products are sold with health care services, VAT will be added to the prices of these services and products. If the sales are later deemed taxable, the vendor has the right to collect VAT from the buyer at the applicable tax rate.

This price list is valid from 1 January 2025, until further notice. Mehiläinen reserves the right to make changes to prices and services if legislation applicable to health care, decisions by public authorities, or research procedures are amended or if the cost level of occupational health care changes fundamentally.



WORKING LIFE SERVICES

MEHILÄINEN