

A portrait of a middle-aged woman with long brown hair, wearing gold-rimmed glasses and a dark green crewneck sweater. She is looking directly at the camera with a slight smile. The background is a plain, light grey.

Mehiläinen's Working Life Services

Price list for 2026



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Occupational health care

Preventive services and work ability support services

The preventive and work ability support services of occupational health care include workplace surveys, the drawing up of an action plan*, cooperation with the workplace* and work ability assessment, monitoring and support, health examinations and individual/group guidance and counselling. The services are provided by a multidisciplinary team consisting of an occupational health physician and nurse as well as an occupational psychologist and an occupational physiotherapist. In addition, a specialist doctor or a social services specialist can be consulted as agreed on when an individual's work ability is being assessed.

*VAT in accordance with the tax authorities' instructions will be added to the services.

Occupational health nurse.....	137,2 €/hour
Occupational health physician*	275,6 €/hour
Occupational physiotherapist.....	144,9 €/hour
Occupational psychologist	241,8 €/hour
Work ability coach/social services specialist	186,9 €/hour + VAT
Physiotherapist.....	124,0 €/hour
Physiotherapist OMT or other special expertise.....	157,0 €/hour
Dietitian	197,5 €/hour
Speech therapist.....	188,0 €/hour
Ergonomics specialist.....	144,9 €/hour + VAT
Agricultural expert.....	99,7 €/hour + VAT
Exercise specialist	144,9 €/hour + VAT
Occupational hygienist.....	198,3 €/hour + VAT
Optician.....	In accordance with the partner's pricing
Technology sector specialist.....	In accordance with the partner's pricing

Targeted group-based counselling, including information and advice.

The preparation time is included in the hourly rate. The minimum charge is one hour.

Occupational health nurse.....	302,0 €/hour
Occupational health physician*	761,9 €/hour
Occupational physiotherapist.....	319,0 €/hour
Occupational psychologist	725,6 €/hour
Dietitian	665,3 €/hour
Work ability coach/social services specialist	560,7 €/hour + VAT

*In preventive and coordination work, the rate for a specialist in occupational health is 7% higher than the rate for an occupational health physician indicated in the price list. In other work, the rate for a specialist in occupational health is 5% higher than the rate for an occupational health physician.

Other preventive services

First aid training

FRC Emergency First Aid (4 h)* in-person training or webinar.....	820 €/course + VAT
FRC Emergency First Aid (8 h)* in-person training, webinar or combination course*.....	1144 €/course + VAT
FRC First Aid Course EA 1* (16 h) in-person training, webinar or combination course**	1955 €/course + VAT
FRC First Aid Course EA 2* (8 h) in-person training, webinar or combination course**	1310 €/course + VAT

An online fee of €15 + VAT per participant will be added to the price of the combination course version of FRC Emergency First Aid (8 h)

**An online fee of €30 + VAT per participant will be added to the price of the combination course version of FRC EA 1*.

VAT will always be added to the prices of the above-mentioned FRC first aid courses. The price of the course certificate/card (€26.90 + VAT/participant) or the mobile certificate (€18.90 + VAT/participant) will also be added.

Fitness tests related to the assessment of work ability and functional capacity

Extensive test (including muscle strength and mobility + aerobic fitness)	159,4 €/hour
Concise test (muscle strength and mobility OR bicycle ergometer test)	159,4 €/hour
Creation of a personal exercise programme	144,9 €/hour

Occupational psychologist services

Group support for crises (two counsellors always present in severe cases)	414,7 €/hour/counsellor
Conflict resolution at the workplace (two counsellors always present in demanding situations)	414,7 €/hour/counsellor
Support during change, e.g. support during cooperation negotiations	414,7 €/hour/counsellor
Occupational health counselling 45 min – five times (also carried out by a psychotherapist)	241,8 €/45 min

Psychotherapy services

Short-term psychotherapy (10 or 20 visits)	238,3 €/45 min
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Digital services for sickness absence monitoring and management of work ability

CorporateMehiläinen (including reporting)	Free of charge
Superior's Compass and Work Ability Compass activation fee	7000 €/activation
Superior's Compass and Work Ability Compass	31,5 €/employee/year
Additional analyses and advanced analytics	Request a quote

Medical care services

Occupational health nurse

visit max 10 min	28,5 €
visit max 20 min	44,4 €
visit max 30 min	66,3 €
visit max 45 min	99,0 €
visit max 60 min	128,5 €
Guidance by phone/email/OmaMehiläinen	28,3 €/piece
Calls over 10 min according to the time spent	128,5 €/hour

Occupational health physician* and general practitioner

visit max 10 min	47,0 €
visit max 20 min	79,8 €
visit max 30 min	119,8 €
visit max 45 min	178,4 €
visit max 60 min	239,5 €
Guidance by phone/email/OmaMehiläinen	41,4 €/piece
Calls over 10 min according to the time spent	239,5 €/hour
Prescription renewal (covers 1–2 medications)	39,9 €

Statements and certificates

Medical certificate for a driving licence and medical examination	162,7 €/piece + VAT
Certificate T	50,2 €/piece
Certificate A	free of charge
Statement B1 for treatment and rehabilitation	115,5 €/piece

Statement B2 for benefits*	275,6 €/hour + VAT
Seafarer medical examination	324,1 €/hour
Drug test statement	49,0 €/piece + VAT

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Substance abuse treatment services

Occupational health nurse trained in substance abuse treatment (incl. five counselling visits).....	137,2 €/hour
Substance abuse nurse	132,5 €/hour
Substance abuse assessment (carried out by a substance abuse nurse).....	132,5 €/hour
Early stage intensive programme (incl. 10 treatment visits).....	Request a quote
Intensive programme (incl. 20 treatment visits).....	Request a quote
Digital peer support group activities (5 x 1.5 hours).....	Request a quote

Digital Clinic services

Digital Clinic's physician services

General practitioner's appointments	60,9 €/piece
Prescription renewal.....	39,9 €/piece

Digital Clinic's nurse services

Counselling and advice.....	25,9 €/piece
Nurse appointments.....	38,5 €/piece

Digital Clinic's occupational health professionals' services

Appointment with an occupational health physician.....	89,4 €/piece
Medical care appointment with an occupational health physician.....	77,6 €/piece
Occupational health nurse's appointment	44,4 €/piece
Occupational physiotherapist's appointment	48,3 €/piece

Weekends and public holidays do not affect the pricing of Digital Clinic.

Occupational well-being services

Services for individuals

Coaching or work counselling for specialists and employees	300,0 €/hour (by an occupational psychologist)
Health examinations and well-being plans for key personnel	Request a quote
Firstbeat Life (incl. meter + starter kit + license for 12 months)	Request a quote

Work community services

Coaching or work counselling for teams, work communities and the organisation.....	Request a quote (by an occupational psychologist)
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Coaching processes, lectures and webinars	Request a quote
Mehiläinen work community questionnaire	Request a quote
Work community diagnostics, surveys and questionnaires (e.g. Workplace Big5)	Request a quote
Annual maintenance of the organisation	from 1,950.00 €

Services for management and leadership

Coaching or work counselling for directors, supervisors and key personnel.....	Request a quote
Coaching or work counselling for management and supervisory teams..... (by an occupational psychologist)	Request a quote
Supervisor coaching programmes	Request a quote
Management team coaching	Request a quote

VAT will be added to the prices of occupational well-being services.

Occupational dental care

Service	Price	Excess Unit
Dental check-up.....	86 €.....	56 €
Dental X-ray of the teeth and jaws	120 €.....	110 €
Tartar removal	142–199 €.....	122–169 €
Dental fillings.....	107–236 €.....	97–216 €
Ceramic fillings	287–629 €.....	287–529 €
Ceramic dental crowns	627–812 €.....	627–812 €
Local anaesthesia	42–43 €.....	42–43 €
Chipped tooth	107–236 €.....	97–216 €
Tooth extraction	123–808 €.....	113–768 €

Laboratory tests

Basic laboratory tests

Chemistry, haematology, microbiology

Abbreviation	Name	Price
P-ALAT	Alanine aminotransferase	36,1 €
cU-Alb-Mi.....	Albumin, microalbuminuria, collected urine	55,0 €
U-AlbKrea.....	U-Alb and Creatinine ratio.....	77,6 €
P-AFOS	Alkaline phosphatase.....	35,9 €
S-IgE-Ps.....	Allerg. immunoglobulin E, basic screening.....	93,4 €
S-AllComE	Allerg. immunoglobulin E, basic screening and component analysis.....	210,5 €
P-Amyl	Amylase, plasma	42,9 €
P-Apot	Apolipoproteins (LipoB, -A1 and ratio of B/A1).....	86,1 €

S-Lipo(a)	fS-Lipoprotein, apo A1	72,4 €
S-B12-Vit	Vitamin B12	69,2 €
F-BaktVi1	Bacterial culture 1, faeces (Salm. Shig. yers. Camp.)	93,7 €
F-CldTNhO	Clostridium difficile, toxin gene, NAAT	115,4 €
F-BaktNhO	Faeces bacteria, culture and nucleic acid (qualitative)	101,6 €
F-hHb(FIT)	Faeces haemoglobin (FIT)	84,8 €
U-BaktVi	Bacterial urine culture	50,5 €
BopeNho	Bordetella Pertussis NAAT, -BopeNho, nucleic acid-	164,7 €
S-BopeAb	Bordetella pertussis antibodies	89,0 €
S-BorrAb	Borrelia antibodies	126,7 €
U-CtGcNhO	Chlamydia trachomatis + Neisseria gonorrhoeae, nucleic acid analysis in urine	98,6 €
CtGcNhO	Chlamydia trachomatis + Neisseria gonorrhoeae, nucleic acid analysis	98,6 €
P-CRP	C-reactive protein	45,1 €
P-hCRP	High-sensitivity C-reactive protein test	47,2 €
S-CDT	Carbohydrate-deficient transferrin	80,5 €
P-D-25	25-hydroxyvitamin D	93,2 €
P-E2	P-Estradiol	89,1 €
P-Ferrit	Ferritin	63,3 €
P-FIDD	Fibrin D-dimer test	78,6 €
P-FSH	P-Follicle stimulating hormone	90,0 €
B-Peth	Phosphatidylethanol	106,1 €
fP-Gluk	Glucose	35,5 €
P-GT	Glutamyl transferase	35,9 €
F-HepyAg	F-Helicobact.pyl.antig	110,6 €
S-HepyAb	Helicobacter pylori antibodies	82,0 €
B-HbA1c	Glycated haemoglobin A1c	74,8 €
S-HBsAb	Hepatitis B virus, s-antigen, antibodies	72,0 €
S-HCVAb	Hepatitis C virus antibodies	83,6 €
S-HIVAgAb	HI virus, antigen and antibodies	60,4 €
U-DS6A	Drug test, 6 analytes (incl. VAT)	167,6 €
U-DS8B	Drug test, 8 analytes (incl. VAT)	351,6 €
InfABAg	Influenza A+B viruses, antigen	70,8 €
InfRSCVAg	Influenza A and B, CV19 and RSV antigen (qualitative)	192,1 €
P-K	Potassium, plasma	37,1 €
P-Ca-albk	Calcium corrected for albumin	64,9 €
S-Kelia-Se	Coeliac disease, screening (S-tTGAbA, S-IgA and, if necessary, S-tTGAbG)	111,9 €
S-Kelia-M	Coeliac disease, medium (S-IgA, S-EMAbA, S-tTGAbA and, if necessary, S-tTGAbG)	196,3 €
U-KemSeul	Chemical screening of urine	32,2 €
P-hCG	P-Chorionic gonadotropin, human	72,4 €
U-hCG-O	Chorionic gonadotropin, qualitative, urine	60,1 €
P-Krea	Creatinine	35,9 €
B-Lakt-D	Lactose intolerance, genetic study	97,7 €
B-La	Erythrocyte sedimentation rate	24,4 €
P-Lipidit	Lipid panel (Chol, non-HDL, Chol-HDL, Chol-LDL, Triglycerides)	80,3 €
P-LipoA1	P-Lipoprotein, apo A1	42,9 €
P-LipoB	P-Lipoprotein, apo B	42,9 €
Pt-FIB-4	Liver fibrosis risk indicators (Trom, ASAT, ALAT)	120,8 €
S-MonAbO	Mononucleosis antigens (qualitative)	41,9 €
S-MypAbM-O	Mycoplasma pneumoniae, IgM antibodies (qualitative)	76,4 €
-MypnNhO	Mycopl.pneumoniae NAAT	249,3 €
P-Na	Sodium, plasma	37,1 €
Ps-NieluAg	Throat infection antigens (S. pyogenes and adenovirus)	84,8 €
F-ParaNhO	Parasites, faeces, nucleic acid	136,6 €

B-PVK+T	Basic blood count and blood platelets.....	56,4 €
P-PROG.....	P-Progesterone	81,6 €
P-PRL	P-Prolactin	84,6 €
S-PSA tot+V.....	Prostate-specific antigen, total and free.....	110,0 €
S-PuumAb.....	Puumala virus antibodies	116,3 €
S-RF.....	Rheumatoid factor	46,7 €
F-SalmVi	Salmonella culture	49,1 €
S-CCPAb	Cyclic citrullinated peptide antibodies	63,6 €
Ps-StrA Ag.....	Streptococcus pyogenes A, antigen, throat.....	59,5 €
Ps-StrVi	Streptococcus pyogenes A, culture, throat	49,1 €
S-TfR	Soluble transferrin receptor	71,0 €
P-T3-V.....	P-Triiodothyronine, free	94,4 €
P-TT-INR.....	Thromboplastin time, INR test	43,2 €
B-Tnt	B-Troponin T	86,7 €
P-Tni	B-Troponin I	83,1 €
P-TPOAb.....	Thyroid peroxidase, antibodies.....	70,6 €
P-TSH.....	Thyroid-stimulating hormone.....	77,3 €
P-T4-V.....	Thyroxine, free.....	89,8 €
B-TVK.....	Complete blood count	82,9 €
P-Uraat	Urate, plasma	45,9 €
S-YersAb	Yersinia, antibodies	61,5 €
HPVRefPapa.....	HPV + liquid-based Pap, reflex test.....	174,0 €

Health examination test panels

Examination 1

(non-fasting).....PVK+T, Lipid panel, Apot, HbA1c, Krea, ALAT, GT272,2 €

Examination 2.....B-PVK+T, fP-Lipid panel, fP-Gluk, P-ALAT, P-GT.....183,7 €

Examination 2b

(non-fasting).....B-PVK+T, P-Lipid panel, P-ALAT, P-GT, B-HbA1c212,7 €

Pathology

Ts-PAD-1 Tissue sample, histological analysis, 1–3 samples of the same origin..... | 112,8 € |

Ts-PAD-1X3 Tissue sample, histological analysis, 3 separate samples | 223,9 € |

Ts-PAD-3 Tissue sample, histological analysis, narrow specimen | 171,0 € |

Pt-Papa-1 Pap test | 84,3 € |

-Syto Cytology test (origin must be specified) | 115,4 € |

Clinical physiology and neurophysiology

Pt-EKG-12..... ECG, 12 leads, resting | 87,3 € |

Pt-PEF-PaO Peak expiratory flow, series + no statement..... | 109,7 € |

Pt-FVSpIDO Flow volume spirometry and bronchodilator + no statement..... | 128,7 € |

Pt-ENMG-1..... Electroneuromyography, non-extensive..... | 391,6 € |

Pt-ENMG-2 Electroneuromyography, normal | 542,7 € |

Other fees

Laboratory sample collection fee in separate agreements..... 37,5 € |

Imaging examinations

The most common native X-ray examinations

Code	Name	
	Native bone and joint X-ray imaging examinations.....	167,1 €
	Pulmonary imaging (Thorax), sinus imaging (Sinus).....	167,1 €
HA1RA.....	Mammography, extensive (incl. ultrasound scan).....	327,4 €

The most common ultrasound scans

	Joint, tendon and soft tissue examinations.....	382,5 €
BA1AE	Thyroid gland examination	342,9 €
JN1AE.....	Upper abdomen examination.....	429,7 €

The most common MRI examinations

NG1BG	MRI of the knee and/or the lower part of the leg	400,0 €
NA3BG	MRI of the lumbar spine	400,0 €
NB1BG	MRI of the shoulder and/or upper arm.....	400,0 €
NA1BG	Magnetic resonance imaging of the cervical spine	400,0 €
NG1CG	Extensive MRI of the knee and/or the lower part of the leg.....	481,8 €
NB1DG	MRI of the shoulder and/or upper arm with contrast agent.....	497,9 €

Other services and fees

General fee and service fee

General fee/employee/year (Kela reimbursable)	42,0 €
In addition to the general fee, a service fee will be charged according to the number of employees per year (no Kela reimbursement)	
1–3 employees.....	98,0 €
4–10 employees.....	67,0 €
11–50 employees	36,0 €
More than 50 employees.....	25,0 €

Entrepreneur with no employees

General fee/entrepreneur/year (Kela reimbursable).....	42,0 €
Service fee/entrepreneur/year (no Kela reimbursement)	76,0 €

VAT will be added to the general fee in accordance with the current guidelines of the tax authorities.

Kanta fee

Incl. e-prescription. The fee is charged for a visit or remote contact for which an entry is made in Kanta.	4,2 €/visit or remote contact
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Submitting an electronic certificate to the authorities1,15 €

Electronic surveys

Electronic occupational health questionnaire as part of a health examination
or well-being survey 27,0 €/piece

Coordination work

Coordination work of the coordinating occupational health nurse..... 137,2 €/hour + VAT
Work of the Account Manager 137,2 €/hour + VAT
Work of the Key Account Physician* 289,2 €/hour + VAT
Coordination work of the coordinating occupational psychologist 241,8 €/hour + VAT
Coordination work of the coordinating occupational physiotherapist.....144,9 €/hour + VAT
Pre-filling of the employer's reimbursement application
(Kela) by the occupational health nurse..... 137,2 €/hour + VAT
Multidisciplinary team meetings without a company representative
.....Determined according to the time spent by the specialist

Data transfer

Transfer costs of patients' health data from Mehiläinen to another service provider
(charged according to the time spent, minimum price/60 min) 250,0 €/hour
Paper transfers of patients' health information by the occupational health nurse
(charged according to the time spent, price/60 min)137,2 €/hour
Recording of external sick leave certificates by an occupational health nurse137,2 €/hour

Invoicing fees

The service fee for central invoicing arrangements is 6–8% + VAT of the amount of the invoice
Paper invoice..... 8,9 €/piece
Appointment at the customer's premises.....Price Unit
Occupational health nurse.....137,2 €/hour
Occupational health physician* 275,6 €/hour
Occupational physiotherapist..... 144,9 €/hour
Occupational psychologist241,8 €/hour

Evening and weekend work by an occupational health nurse and occupational physiotherapist**

Evening work Mon–Fri 6 p.m.–10 p.m..... 15% increase
Night work 10 p.m.–7 a.m. 50% increase
Saturday work 7 a.m.–6 p.m. 20% increase
Sunday work (starts on Saturdays and on the days before some public holidays at 6 p.m.) 100% increase

Evening and weekend work by an occupational health physician*, occupational psychologist and general practitioner**

According to the price list Mon–Fri 7 a.m.–9 p.m.
Saturdays 7 a.m.–6 p.m. 30% increase
Evening and night work Mon–Fri 9 p.m.–7 a.m. 100% increase
Saturday–Sunday 6 p.m.–7 a.m. (Monday morning) and public holidays..... 100% increase

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Invoicing criteria for appointments with occupational health professionals and specialists:

Before meeting a private customer, the specialist will review the patient's previous medical history. During the appointment, the specialist will interview and examine the private customer. After the appointment, the specialist will make the necessary appointment entries, any referrals and consultation requests, and test results communicated on the same day by phone or as an OmaMehiläinen message, the time spent on which will be taken into account in the appointment price. The occupational health physician will often also prepare statements and certificates on the basis of the appointment, for which a statement or certificate price is invoiced separately. If medications are administered or procedures carried out during the appointment, these will be invoiced separately in accordance with the current price list. If a private customer has booked too little time for a challenging matter or wants to take care of several things at once and the time spent with the customer exceeds the time booked for them, the appointment will be invoiced according to the time spent.

Cancelling an appointment:

A scheduled appointment can be cancelled free of charge up to 24 hours before the appointment. For appointments cancelled less than 24 hours before the appointment and missed appointments, the employee will be charged the full price of the booked service. Scheduled workplace visits, workplace surveys and workplace negotiations must be cancelled no later than three (3) business days before the agreed date. For lectures and other group services, we will charge a fee for the work carried out by the time of the cancellation if the cancellation is made no later than two (2) weeks before the agreed date. For cancellations made later, we will charge the agreed price of the service.

See the up-to-date cancellation instructions on Mehiläinen's website www.mehilainen.fi/

Travel expenses:

If necessary, the travel expenses and time spent on the trip in accordance with the state's travel regulations will be added to the prices.

Supplies and medications:

We will charge a separate fee for the supplies, medications and hospital fee used in procedures.

The employer can apply for Kela reimbursement for occupational health care costs in accordance with the principles of good occupational health care practice. Learn more about the occupational health care costs reimbursed by Kela: <https://www.kela.fi/tyonantajat-tyoterveyshuolto-korvauksen-edellytykset>

VAT is not payable on sale of occupational health care services considered to be health and medical care services according to the Value Added Tax Act. To the extent that taxable services or products are sold in addition to health services, VAT is added to the prices. If the sale is subsequently considered to be taxable, the seller has the right to collect VAT from the buyer at the tax rate applicable at the time.

This price list is valid from 1 January 2026 until further notice. Mehiläinen reserves the right to adjust the prices and services if healthcare-related regulations, regulatory decisions or research practices are changed or the cost of occupational health care changes significantly.

